Nutrition Facts

Serving Size 100 grams (100 grams)
Servings per container 25g

Amount Per Serving

Calories 299 Calories from Fat 4

	% Daily Value*
Total Fat 0g	1%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 11mg	0%
Total Carbohydrate 79g	26%
Dietary Fiber 4g	15%
Sugars 59g	
Protein 3g	

Vitamin A	0%	• Vitamin C	4%
Calcium	5%	• Iron	10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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