Nutrition Facts

Serving Size 100 grams (100 grams)
Servings per container 25g

Amount Per Serving

Calories 628	Calories from Fat 508
	% Daily Value*
Total Fat 61g	93%
Saturated Fat 4g	22%
Trans Fat	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 10g	39%
Sugars 4g	
Protein 15g	

Vitamin A	0%	• Vitamin C	11%
Calcium	11%	• Iron	26%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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