

# Nutrition Facts

Serving Size 100 grams (100 grams)

Servings per container 100gr

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## Amount Per Serving

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**Calories** 130

Calories from Fat 2

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### % Daily Value\*

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**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 29g 10%

Dietary Fiber 0g 1%

Sugars

**Protein** 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 8%

\*Percent Daily Values are based on a 2,000 calorie diet.  
Your daily values may be higher or lower depending on  
your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4